

ONE SEAM WRAP SKIRT SEWING PATTERN



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X X X Sewing Level: Confident Beginner X X X



Use this tutorial to make your own one seam wrap skirt! It's fast and easy to sew, and there's no accidental flashing!

This skirt is so adjustable that it can fit lots of sizes, and you can still fit in it if you're changing sizes! It's fast to sew because there is only ONE SEAM, and there are no hems or edge finishes!

If you lift up the overlap there's a layer underneath so you'll never flash anyone. My SIL and I wore the same wrap skirt that I wore even though I was pregnant and she was not. Our waist measurements were not even close, but we were able to wear the same skirt. It's a magical adjustable skirt!

SIZE CHART

Makes 1 custom knit wrap skirt

BEFORE YOU START

Seam Allowances

Seam allowances are the amount you add when you create your pattern.

SUPPLIES

- 3-5 yards knit fabric like interlock, liverpool, or ponte, etc.
- Sewing machine and matching thread
- Marking tool
- Fabric Scissors
- Measuring Tape



WHAT FABRIC WORKS BEST FOR THIS SKIRT?

A double knit fabric like interlock, ponte, scuba or liverpool will work best. These fabrics don't roll up at the hem, but they have enough body to hang nicely.

SHOULD I PREWASH THE FABRIC?

Yes, you should prewash the fabric. Treat the fabric the same way you'll wash and dry the skirt once it's finished.

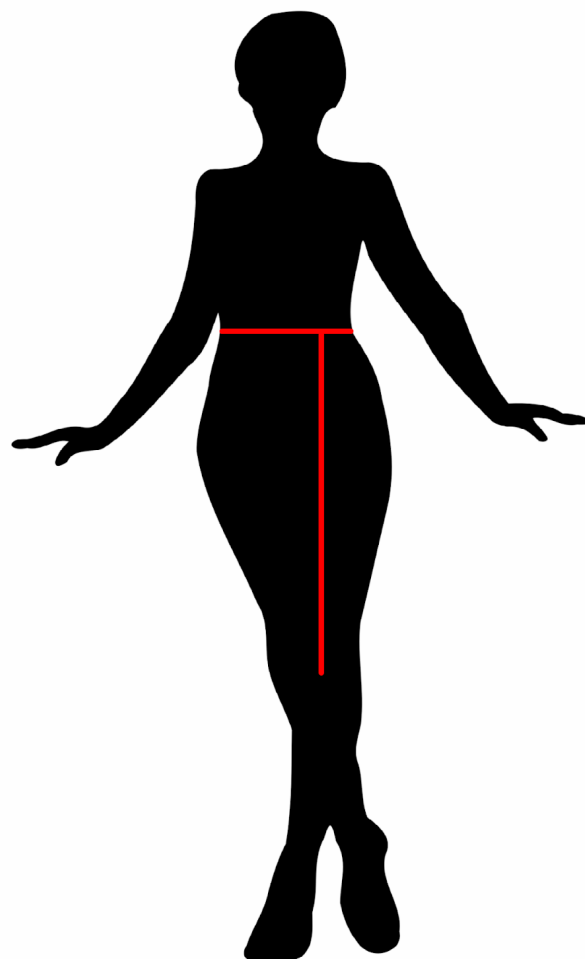
HOW TO MEASURE YOURSELF

1. Using a measuring tape wrap it around your waist to measure.

Your waist is where you bend side to side. Make sure the measuring tape is horizontal with the floor and pull it snug. This measurement is your waist.

2. Hold the end of the measuring tape at your waist and let it hang down. Have someone help you see how long you want the skirt to be and what that measurement is. Good hemlines are mid-thigh, just above the knee, and just below the knee.

- If you want a longer skirt you might have to get wider fabric to accommodate or add in an extra seam.



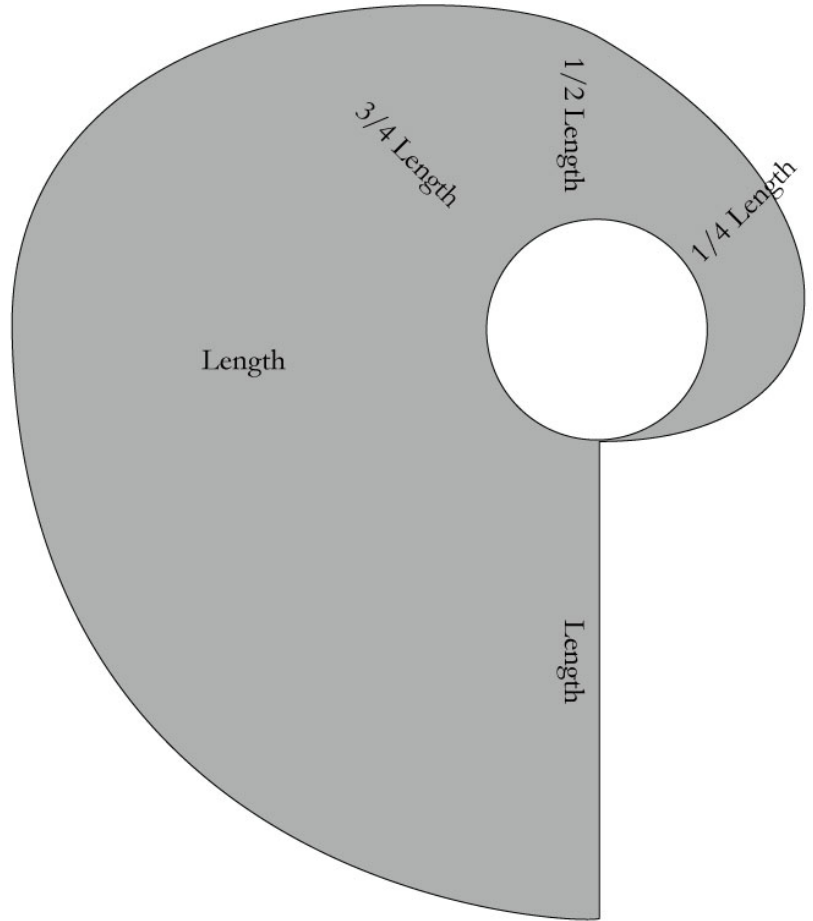
CIRCLE SKIRT RADII MEASUREMENTS

Using your waist measurement find the closest waist circumference to find your *RADIUS*.

Waist Circumference	Radius for Half Circle Skirt
20 inches	6 inches
25 inches	7.5 inches
30 inches	9.25 inches
35 inches	10.75 inches
40 inches	12.25 inches
45 inches	13.75 inches
50 inches	15.5 inches
55 inches	17 inches

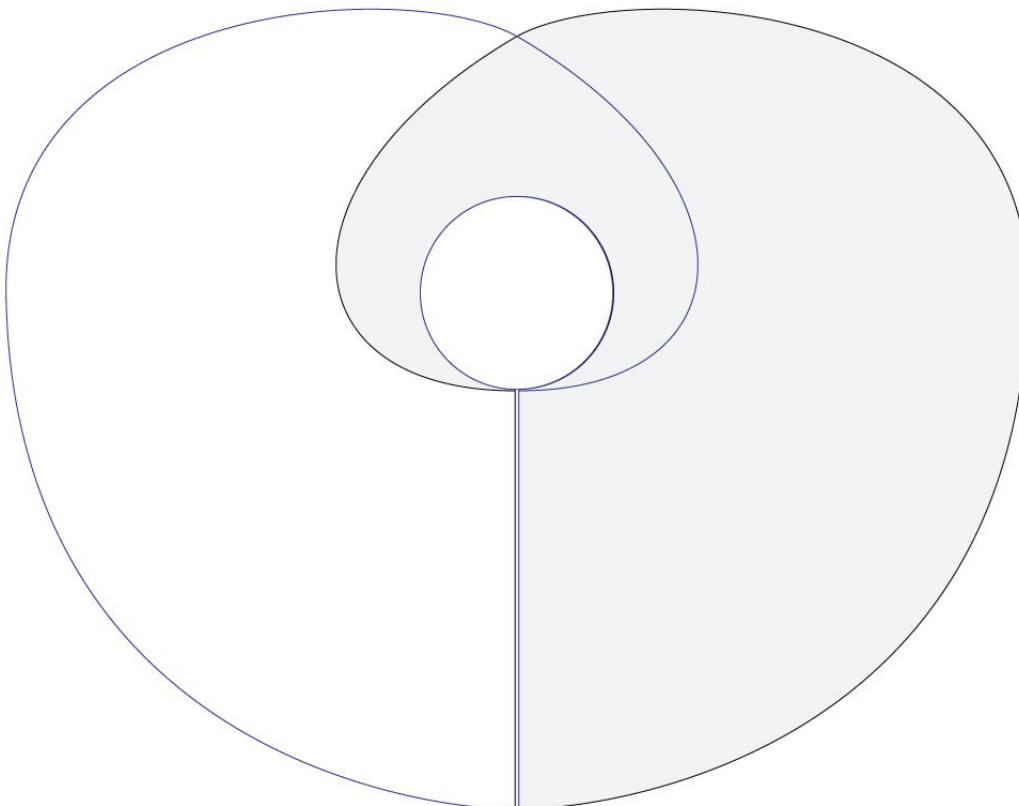
CUTTING LAYOUT AND CUTTING INSTRUCTIONS

1. Multiply your desired length by .75, then by .5, and then by .25 to find four different lengths.
2. You will use your radius for the center circle.
3. Draw the diagram on the right on your fabric with the four different lengths. Blend the marks for a smooth circular shape.
4. Cut two mirror images of the skirt in the shape you drew.



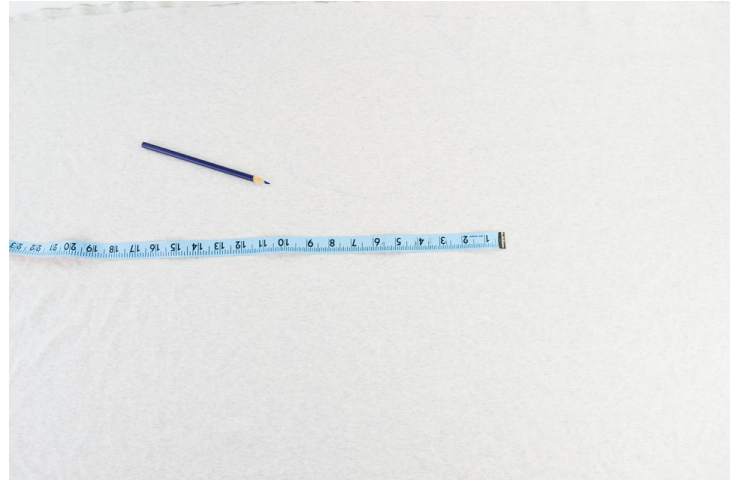
To help you visual your skirt I've placed two skirt shapes on top of each other in the way the skirt will be wrapped around your waist.

It'll be wrapped a little tighter once you put it on, but you can see how the seam and overlap will go.



SEWING INSTRUCTIONS

Using diagram cut out two pieces of the knit wrap skirt custom pattern pieces. Make sure they are opposite of each other when you cut them out.



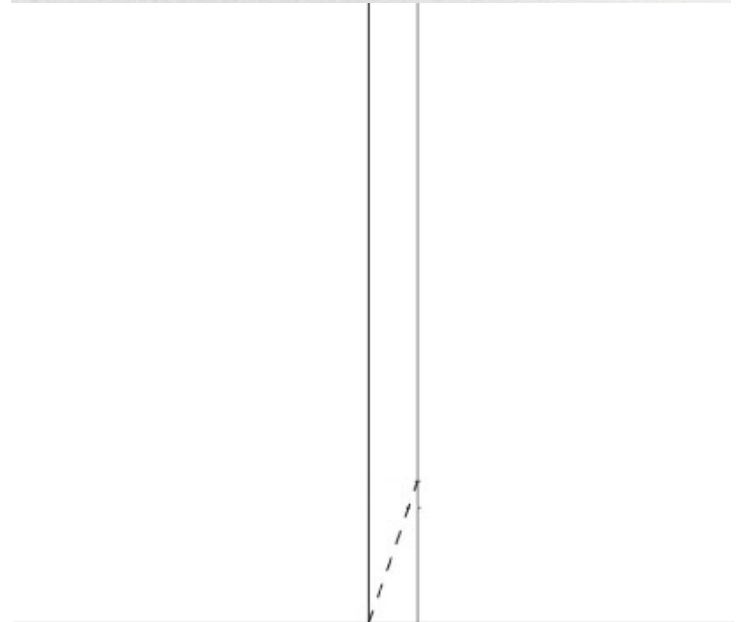
Sew the one long seam with a zigzag stitch right sides together.

Serge or zigzag the raw edges of the seam allowance to finish the seam allowance.



Press the seam allowance to one side.

Use a straight stitch to tack the seam allowance to one side at the waist and the hem.



Don't finish any of the hems. Knit fabric does not fray, but it might roll.

TO PUT ON YOUR SKIRT:

Find the seam and put it on one side of your waist and hold it there.

Grab the side that will go across your front and wrap it all the way around until it meets with the seam. Hold the seam and one wrapped side with one hand on one side of your waist.

Grab the other side and wrap it around your back to the front until it meets with the seam.

Your two ends that tie will meet over your seam. Tie them in a bow or knot.

