Supplies

- 2 yards of cotton spandex fabric
  - You’ll need a knit fabric with 10% spandex to have the right amount of stretch.
- 1 yard of 2 inch elastic
- Sewing machine and matching thread
- Marking tool
- Fabric Scissors
- Measuring Tape

How to Measure Yourself

1. Using a measuring tape wrap it around your waist to measure. Your waist is where you bend side to side. (It might be your smallest area, or it might not. It might be where your belly button is, or it might not.) Make sure the measuring tape is horizontal with the floor and pull it snug. This measurement is your waist.
2. Wrap the measuring tape around your hips which is where the curve is the largest on your backside. Make sure the measuring tape is horizontal with the floor and pull it snug. This measurement is your hips.
3. Hold the end of the measuring tape at your waist and let it hang down. Move the measuring tape out so that it’s hanging vertical. Find the height measurement between your waist and your hips. This measurement is your hip depth.
4. Place the measuring tape at your center back and let it hang down. Have someone help you see how long you want the skirt to be and what that measurement is. Good hemlines are mid-thigh, just above the knee, and just below the knee. This is your skirt length measurement.
5. Minus 1” from your hip measurement. This is your hem width measurement.
Skirt Template and Cutting Layout

1. Use this image and your measurements to draw out your skirt template on paper or your fabric.
2. Draw out half of your hip measurement.
3. Draw a line going up using your hip depth.
4. Draw out half of your waist measurement at the top of your hip depth.
5. Make sure the center of your waist measurement is above the center of your hip measurement.
6. Add 2” above your waist measurement for the elastic.
7. Draw a line from the waist measurement down for your skirt length.
8. Draw a line across that is half your hem width.
9. Make sure the center of your hem width lines up with the center of your hip measurement.

Cutting Instructions

1. The hem width will be the fold line.
2. Cut two skirt pieces with the template opposite each other on the hem width or fold line.
   ○ It will seem like you are cutting four skirts out connected at the hem.
Sewing Instructions

This is the written instructions - find the instructions with pictures included here:

1. Use the free pencil skirt template to measure yourself and cut out the two pattern pieces. My skirt pieces look like two rectangles because I don't really have any curves anymore.
2. With right sides together sew the side seams of the skirt with a zigzag or stretch stitch.
3. Press the side seams towards the back of the skirt (you can choose which side is the back).
4. Turn the tube right side out but stop when the raw edges are together.
5. You'll have two raw edges on one side and a fold on one side. The pencil skirt will be lined with it's own fabric.
6. Put the elastic around your waist to figure out how tight you want it. Cut the elastic just smaller than your waist.
7. Overlap the edges 1/2" and sew them together. You can either sew a rectangle onto the overlap or zigzag multiple lines to attach the elastic together.
8. Divide the elastic into four and pin each mark. Divide the raw edges of the skirt into four and pin each mark.
9. Match up each mark of the elastic to the mark of the skirt. Line up the raw edges of the skirt with the edge of the elastic and pin.
10. Stretch the elastic to fit the raw edges of the skirt and pin in between each mark.
11. With a zigzag stitch sew the elastic to the skirt fabric. Sew near the edge of the raw edges. You might have to stretch the elastic slightly while sewing to fit the fabric.
12. Fold the elastic and fabric over inside the skirt enclosing the elastic. Stretch the elastic to fit the fabric and pin the waistband.
13. Make sure you have matching thread for this step. With a zigzag stitch sew the elastic waistband to the skirt. Stretch the elastic slightly as you sew.

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